FRIDAY – JULY 19, 2024

11:00AM – 7:00PM   Sign-in at front office and gates open **LMSC**'s only. All transporters will enter thru pit gate 4 and enter the infield thru turn 2. Track officials will be there to assist you

- Transporters will be staged on the back stretch
- Tractor trailer transporters to the high side - Transporters with regular enclosed trailers to the low side
- Parking will start at the entrance to pit road in turn 4 and parking will be as you enter the track
- If you would like to park beside another team you must be in line together
- Practice Tires and Qualifying/Race tires will be mounted starting at 11:30am
- Teams that cannot make Friday's practice time will be allotted time on Saturday morning starting at 11:00am to mount tires.
- Qualifying/Race tires will be impounded.
- All paperwork needs to be completed before the end of the day

12:30PM – 1:00PM   Crew chief meeting at the start finish line on pit road to cover the afternoon and Saturday morning events

1:30PM   **LMSC** pre-tech inspection line opens. Inspection line will open during practice. Inspection will be on 4" blocks to check tread width, wheel base, body measurements and (No/Go) gauges on tops of Carburetors on the car

1:30PM – 6:00PM   **LMSC** Open practice. We will start with and maintain 14 cars on the track at a time. There will be a 3-minute break every 30 minutes if needed to clear the gates.

6:00PM   Tire Impound area closes

6:30PM – 7:00PM   All teams must start clearing out of the infield to allow track crews to complete their work in preparation for the Hampton Heat activities.

7:00PM   **LMSC** Garage closes

SATURDAY – JULY 20, 2024

10:00AM   Gates open **LMSC**'s only. New teams coming in Saturday will mount their Qualifying/Race tires starting at 10:30am. Qualifying/Race tires will be impounded.

11:00AM – 12:30PM   **LMSC** Open practice. We will start with and maintain 14 cars on the track at a time. There will be a three (3)-minute break every 30 minutes if needed to clear the gates

11:30AM   Gates open for local divisions Super Streets, Super Trucks, and Pro Six divisions

12:30PM   Release **LMSC** qualifying tires (tires may be purged)

12:30PM – 1:30PM   Two (2) rounds of rotating practice for local divisions. The 2nd round of practice will be four (4) minutes long and will set the feature line-up.
1. Pro Six
2. Super Streets
3. Super Trucks

1:45PM – 2:30PM   **LMSC** MANDATORY driver, crew chief, and spotters meeting. Meeting will be in the pavilion VIP area outside of turn 4. Qualifying order will be pulled at this time.

2:30PM   **LMSC** ALL WORK IS COMPLETE AND CARS MUST BACKED OUT OF THEIR PIT AREA at this time and proceed to the technical inspection building. All cars will mount qualifying tires in their respective pit area. Maximum air pressure in the tech line is 20lbs in the left-side tires and 30lbs in the right-side tires. Air pressure can be adjusted on the qualifying line. (Air can be let out only)

2:45PM – 3:00PM   Local divisions drivers meeting at the outside pits maintenance building

4:00PM   **LMSC** teams remove all pit stall tents in preparation for qualifying

4:15PM   **LMSC** qualifying begins (three laps = 1 scuff lap then green-white-checkered). All cars will be impounded in your pit stall backed in at a 45-degree angle and remain on the ground. Once the car is in place no team members or work is allowed at this time. **LMSC** final work session will be 30 Minutes and will start at 6:30pm

5:30PM – 6:00PM   Remove transporters from the infield.

6:15PM   Invocation/ National Anthem

6:30PM   Local division features
1. VA811.com Pro Six (25 laps)
2. Old Skool Video Games Super Streets (40 laps)
3. Harris Truck Shop Super Trucks (25 laps)

6:30PM – 7:00PM   **LMSC** Final Work Session

7:45PM   **LMSC** line up on front stretch

8:10PM   **LMSC** Driver Introductions

8:40PM   Command to start engines

8:45PM   16th Annual Hampton Heat (200 laps)

Subject To Change